

Tallington Lakes 2019

Gn	Ag	Age	Name	Rac	Club	Tot	Swim	T1	Bike	T2	Run	Fin		
Super sprint														
Start time=07:48:20														
1	1	MU	1	Owen	M	254	Nene Valley	0:43:	0:06:38	0:52	0:26:30	0:35	0:09:09	8:32:
2	2	MU	2	Bradley	M	252	(Lincoln)	0:49:	0:07:52	0:47	0:28:12	0:46	0:11:36	8:37:
3	3	MU	3	Archie	M	202	Ketton Panthers Tri	0:49:	0:07:53	0:58	0:29:25	0:24	0:10:45	8:37:
4	4	M50	1	Brian	M	219	(Peterborough)	0:49:	0:07:51	1:19	0:27:47	0:42	0:11:53	8:37:
5	5	M60	1	Michael	M	247	Nene Valley	0:50:	0:08:46	1:06	0:27:05	0:48	0:12:29	8:38:
6	6	M40	1	Matt Rose	M	240	(Chatteris)	0:51:	0:08:59	1:07	0:28:48	0:53	0:11:17	8:39:
7	1	FU3	1	Savannah	F	210	Grantham AC	0:53:	0:09:50	1:23	0:31:23	0:27	0:10:03	8:41:
8	7	MU	4	Kevin	M	249	(King's Lynn)	0:54:	0:09:25	1:06	0:30:44	0:37	0:12:10	8:42:
9	8	MU	5	Shaun	M	243	(Lincoln)	0:54:	0:10:11	1:36	0:29:24	0:58	0:12:12	8:42:
10	9	M40	2	Derek	M	255	Ely Tri Club	0:57:	0:08:52	1:13	0:34:25	0:45	0:11:43	8:45:
11	2	F50-	1	Nicky	F	213	(Lincoln)	0:58:	0:12:54	1:19	0:30:48	0:37	0:13:15	8:47:
12	10	MU	6	Dan	M	209	Belvior Tri Club	0:59:	0:11:27	1:22	0:31:37	1:09	0:13:26	8:47:
13	11	MU	7	Louis	M	206	(Bourne)	0:59:	0:12:19	1:57	0:31:59	0:27	0:12:25	8:47:
14	3	FU3	2	Ella-Rose	F	226	Grantham AC	0:59:	0:08:53	1:03	0:36:21	0:28	0:12:45	8:47:
15	4	F40-	1	Michelle	F	238	(Helpston)	0:59:	0:08:11	1:51	0:33:11	0:45	0:15:46	8:48:
16	12	M45	1	James	M	230	(Hertford)	1:00:	0:12:51	2:15	0:32:57	0:34	0:11:26	8:48:
17	13	MU	8	Robin	M	246	Absolute Triathlon	1:00:	0:12:11	2:07	0:34:00	0:49	0:11:14	8:48:
18	5	FU3	3	Denisa	F	220	EyeTri (Crowland)	1:01:	0:10:04	2:30	0:33:25	0:59	0:14:33	8:49:
19	14	M45	2	David	M	241	(Hertford)	1:01:	0:08:45	2:26	0:35:31	0:40	0:14:11	8:49:
20	15	M45	3	James	M	221	(Peterborough)	1:01:	0:11:14	2:15	0:34:15	0:41	0:13:24	8:50:
21	6	F50-	2	Sarah	F	208	EyeTri	1:02:	0:12:09	2:02	0:32:13	1:16	0:14:31	8:50:
22	7	F35-	1	Simone	F	203	(Bourne)	1:02:	0:11:29	2:31	0:33:42	1:08	0:13:37	8:50:
23	16	M40	3	Chris	M	211	(Whittlesey)	1:03:	0:12:58	2:17	0:32:26	0:42	0:14:38	8:51:
24	17	M40	4	Alex	M	245	(Peterborough)	1:04:	0:11:47	2:11	0:34:31	0:54	0:15:11	8:52:
25	8	F45-	1	Lissa	F	205	(Bourne)	1:05:	0:10:28	2:28	0:37:03	0:39	0:14:57	8:53:
26	9	F35-	2	Justine	F	248	(Bourne)	1:06:	0:11:44	2:20	0:37:12	0:55	0:14:11	8:54:
27	10	F35-	3	Rebecca	F	214	(Lincoln)	1:06:	0:12:53	1:29	0:36:33	0:41	0:14:55	8:54:
28	11	F45-	2	Jenny	F	237	(Cambridge)	1:07:	0:14:16	2:23	0:32:44	0:39	0:17:46	8:56:
29	12	F40-	2	Lindsey	F	212	(Helpston)	1:08:	0:11:20	3:46	0:35:33	0:56	0:16:43	8:56:
30	18	M40	5	Tom	M	216	(Pinchbeck)	1:08:	0:13:15	1:55	0:34:26	1:29	0:17:31	8:56:
31	19	M60	2	John	M	239	(Bury)	1:09:	0:12:08	3:11	0:36:58	1:32	0:15:13	8:57:
32	13	FU3	4	Claire	F	235	(Thorney)	1:09:	0:11:11	2:29	0:34:54	1:58	0:19:23	8:58:
33	14	F60-	1	Sue Illsley	F	227	(Caernarfon)	1:12:	0:12:04	2:49	0:37:14	1:33	0:19:09	9:01:
34	15	F55-	1	Pamela	F	201	Tri-Anglia	1:15:	0:11:46	3:31	0:41:54	1:01	0:17:40	9:04:
35	16	F45-	3	Holly	F	232	(Wittering)	1:17:	0:17:02	3:00	0:40:16	2:44	0:14:32	9:05:
36	17	F60-	2	Helen	F	222	Fetch Everyone	1:19:	0:12:49	2:45	0:41:29	1:35	0:21:14	9:08:
37	18	F50-	3	Claire O	F	236	Notts Women	1:20:	0:15:51	2:04	0:44:29	0:56	0:16:46	9:08:
38	19	F60-	3	Jude	F	215	(Grantham)	1:20:	0:14:31	3:07	0:38:53	1:23	0:23:00	9:09:
39	20	M45	4	Keith	M	223	(Lincoln)	1:21:	0:11:18	2:20	0:41:50	1:17	0:24:42	9:09:
40	20	F40-	3	Sarah	F	217	(Langworth)	1:21:	0:11:48	1:55	0:42:05	0:58	0:24:40	9:09:
41	21	F45-	4	Rachel	F	231	(Hertford)	1:28:	0:16:37	3:16	0:46:33	1:05	0:21:09	9:17:
42	22	F50-	4	Deborah	F	253	(Peterborough)	1:28:	0:12:16	3:15	0:39:14	1:01	0:33:10	9:17:
43	23	F50-	5	Gillian	F	251	(Nottingham)	1:29:	0:13:54	5:09	0:48:09	1:31	0:20:29	9:17:
44	24	F40-	4	Alison	F	204	(Maxey)	1:29:	0:14:10	4:00	0:49:17	1:02	0:21:13	9:18:
45	25	FU3	5	Lisa	F	250	(Lincoln)	1:30:	0:17:02	2:31	0:46:35	1:10	0:22:48	9:18: